

**FCA Toolbox ©**  
**Building Women of Character**

**Description:** Tape Measure

The true measure of a woman is not in her wealth, beauty, or skill, but in her value and heart before the LORD.

**Scripture:** 1 Samuel 16:7

“But the LORD said to Samuel, ‘Do not consider his appearance or his height, for I have rejected him. The LORD does not look at the things man looks at. Man looks at the outward appearance, but the LORD looks at the heart.’”

**Story:** Temeka Johnson

Temeka was a point guard for the LSU Lady Tigers and more recently the starting guard for the WNBA’s Tulsa Shock. The 5’ 3” Johnson won All-SEC honors at LSU, broke the school’s all-time assist record, claimed the WNBA Rookie of the Year award in 2005 and won a WNBA Championship with the Phoenix Mercury in 2009. Tameka played above her size on the basketball court. Her highest value was her heart. The LORD is not concerned with your size or appearance. You are of the utmost value to Him, not because of your talents, but because of your heart. He simply wants you...ALL of you! From the inside, out.

**Toolbox Overtime:**

Proverbs 28:1, Joshua 1:9, Matthew 6:21, Proverbs 3:5, Proverbs 4:23, Matthew 5:8, 2 Chronicles 16:9, 1 Corinthians 1:27, 2 Corinthians 5:17, 1 Samuel 16:1-13

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